

## Required Youth Combat Armor for Divisions 2 and 3

Kingdom of Æthelmearc, as of 3/31/2012

By Arianna of Wynthrope



**Helmet:** street hockey helmets, hockey helmets, baseball catcher's masks, fencing masks with full head protection and medieval-style metal helms are acceptable. Grills or metal mesh with openings no more than 1.5 inches must cover the face. Helmets must have a chinstrap or a back strap to hold the helm on securely. The back of the head and top of the neck must also be covered by a minimum of a flap of heavy leather attached to the base of the helm.

**Neck:** minimum of medium (8 to 10 oz.) leather is required to cover the neck, larynx and cervical vertebra. This item is called a "gorget." Close cell foam padding under the leather is recommended.

**Torso:** must be covered by medium weight shirt, tunic, bodice, etc. Kidney, sternum and xiphoid protection made of rigid material is required. As females mature, they must also have adequate breast protection, e.g. quilted material tunic, light leather or equivalent. Shoulder protection is recommended but not required.

**Arms:** minimum of medium weight cloth tunic.

**Elbow joint:** minimum of hard leather, metal, or plastic over soft (closed cell foam) protection.

**Hands:** Hockey gloves with rigid thumb or full gauntlets (plastic or metal) are required unless hands are covered by basket hilts. Hands in a basket hilt shall have a minimum of a lightweight glove and half gauntlet. The use of basket hilts is strongly encouraged.

**Groin:** minimum protection is an athletic cup for boys, or a padded skirt or undergarment made of light leather or the equivalent for girls. The wearing of a male style athletic cup by female fighters is prohibited.

**Legs:** Long pants of medium weight fabric are required.

**Knees:** A minimum of hard leather, metal, or plastic over soft (closed cell foam) knee joint protection is required.

**Feet:** Sturdy shoes are required. No open-toed shoes or sandals.

# Required Youth Combat Armor for Division 1

Kingdom of Æthelmearc, as of 3/31/2012

By Arianna of Wynthrope



**Helmet:** street hockey helmets, hockey helmets, baseball catcher's masks, fencing masks with full head protection and medieval-style metal helms are acceptable. Grills or metal mesh with opening no more than 1.5 inches must cover the face. Helmets must have a chinstrap or a back strap to hold the helm on securely. The weight of the helmet in relation to the age and size of the participant should be such as to prevent neck sprain.

**Neck:** Minimum of light leather or ½ inch closed cell foam is required to cover the neck, larynx and cervical vertebra. This item is called a "gorget." Close cell foam padding under the leather is recommended. The minimum protection for the cervical vertebra is a flap of medium leather attached to the back of the helm.

**Torso:** covered by a minimum of medium weight shirt, tunic, bodice, etc. along with kidney, sternum and xiphoid protection are required, using a minimum of ½ inch closed cell foam.

**Arms:** minimum of medium weight cloth tunic.

**Elbow joint:** a minimum of soft elbow pads is required. Hard plastic or leather over padding is recommended.

**Hands:** Gloves that offer minimal padding, like garden gloves, are required. Hockey gloves with rigid thumb are recommended.

**Groin:** minimum protection is an athletic cup for boys, or a padded skirt or undergarment made of light leather or the equivalent for girls. The wearing of a male style athletic cup by female fighters is prohibited.

**Legs:** Long pants of medium weight fabric are required.

**Knees:** A minimum of soft kneepads is required.

**Feet:** Sturdy shoes are required. No open-toed shoes or sandals.



Examples of Youth Fighters in Armor

